Spiced Pear Sparkling Sangria

1/10th of recipe (about 6 oz. sangria with about 3/4 cup fruit): 149 calories, <0.5g total fat (0g sat. fat), 11mg sodium, 16g carbs, 2g fiber, 6g sugars, 2g protein

Prep: 10 minutes
Chill: 5 hours or more

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Ingredients

3 medium pears, cored and thinly sliced
1 medium (or 2 small) tangerine(s), not peeled, halved and thinly sliced
4 cinnamon sticks
One 750-ml. bottle moscato wine
One 750-ml. bottle dry sparkling wine, chilled
2 cups club soda, chilled

Directions

Place pears, tangerine, and cinnamon sticks in a very large pitcher or serving bowl (at least 2-quart capacity). Add moscato wine, and gently stir.

Cover and refrigerate for at least 5 hours. (The longer it sits, the more flavorful it gets!)

Just before serving, add sparkling wine and club soda, and gently stir. Grab a ladle and serve it up!

MAKES 10 SERVINGS

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